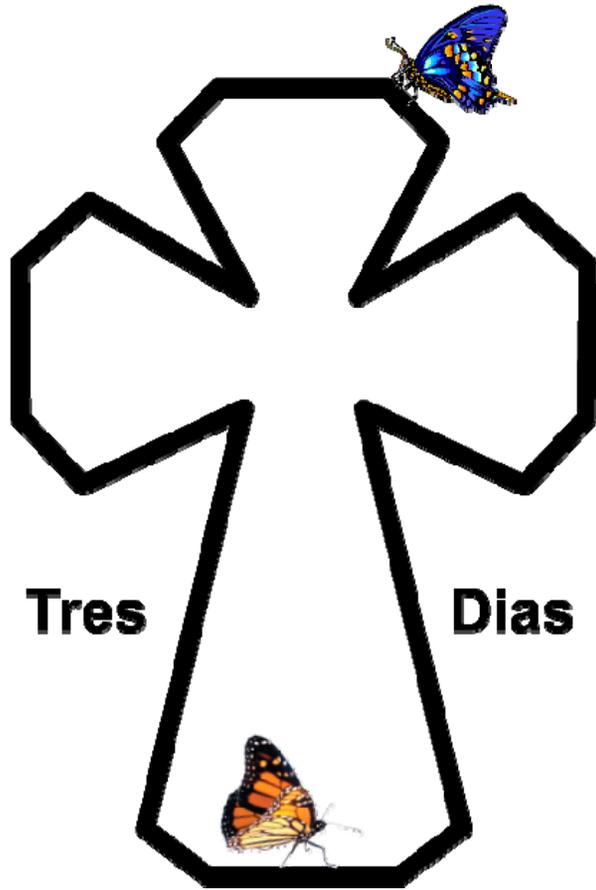


## Tres Dias

Interested? Attend one! Ask your friend, who gave you this folder, for an application to attend a Tres Dias weekend.



**Of New Hampshire**



**Christ and His Church  
Need Spiritually Dedicated  
People for Christian Service**

**Inspiration and Direction for  
Christians are found in  
Tres Dias**

For more information, such as currently scheduled weekends, or an application go to:  
NH website:

[www.tresdiasnh.org](http://www.tresdiasnh.org)

International website:

[www.tresdias.org](http://www.tresdias.org)

Or, write to:

## **Tres Dias**

In today's world, can a Christian's faith relate to the many areas in which a person lives? Can we, as Christians, be a part of God's plan to transform the world? **Yes!**

Tres Dias proposes no new type of spirituality. It is a method through which your spirituality may be further developed, lived, and shared in any area of human life where there are Christians willing to dedicate their lives to God in an on-going manner.

Tres Dias is a weekend for those aged 21 and over. There are separate Tres Dias weekends for men and women. Each attendee must be sponsored by someone who has previously attended a Tres Dias or Cursillo.

## **Instrument of Renewal**

Tres Dias is an instrument of renewal of the church. Its aim is to concentrate closely on the person and teachings of Jesus Christ. Tres Dias gives those who attend a dynamic understanding of basic Christian beliefs, and the desire to serve their local church.

Tres Dias can be made only once in a life-time. Therefore it is not a substitute for a retreat, nor does it have the individual solitude of a retreat. The basic atmosphere of Tres Dias is one of love, joy, and Christian fellowship. Actually, Tres Dias can make succeeding retreats and other experiences more profitable.

## **New Hampshire weekends**

NH weekends are held twice a year each for men and women; in the spring and fall. For many years they have been at the Sarto Center, in Hooksett, near Route 101.

## **The Format of Tres Dias**

The Spanish words "tres dias" mean "three days." Although it can be held on any three consecutive days, a Tres Dias usually begins on Thursday evening, and ends the following Sunday in the late afternoon. During the three days, those attending live and study together, communicating with one another to gain a permanent living awareness of their faith, and of the responsibility that such a deep awareness involves.

The Tres Dias team leading the weekend is composed of former attendees of a Tres Dias who have volunteered their time for weeks of preparation, working and praying together as a unit. The Tres Dias format is centered around 15 talks: 10 given by lay people and 5 by clergy. In addition to the talks, there are also worship periods, singing, and celebrations of Holy Communion.

Notes are taken during the talks, and each talk is then discussed in small groups with lay leaders assigned to each table. The interchange that develops in these discussions make Christ's teaching come alive. There is presented in three days the basis of the Christian life, the meaning of living the Christian ideal, and its application in our daily lives.

Don't let this make you think your weekend will be dull and boring. Anything but! God gave us a sense of humor, and it often works to relieve tension and to highlight truths in an understandable manor. There is much laughter as well as the appropriate amount of solemnity. If you are serious about your faith, you will have an amazingly good time examining your journey as a Christian.

## **The Fourth Day**

Following Tres Dias, you are able to expand your own spiritual life and become a more active disciple of Christ in the world and in your own church. Your life after your Tres Dias weekend is known as the "Fourth Day." During this time, perseverance is important, just as it is with any method of renewal. In Tres Dias, the spirit is continued after the three days through reunions of the Tres Dias community. These are available regularly as a means of growth in understanding and enthusiasm within the Christian community. Also, reunions of smaller groups within the local church and/or the larger Tres Dias community are encouraged, so that the participants may help one another in living the Christian life.

## **History of Tres Dias**

Tres Dias was derived from Cursillo (kooor-see-yo) de Cristiandad (a short course in Christianity), which has been an active tool of renewal in the Roman Catholic Church since its Spanish beginning in 1949.

Tres Dias is a non-denominational version of Cursillo, open to any Christians interested in deepening their walk with the Lord. Tres Dias was started in 1972, and is now overseen by a National organization of lay people and clergy. Individual weekends are coordinated by area Secretariats, whose members consist of anyone who has already made a Tres Dias.

Tres Dias relies on prayer and on the indwelling presence of God's Spirit for its leadership and guidance.